Contents

Articles

**BIOCHEMICAL, MOLECULAR, AND GENETIC MECHANISMS**

Genetic Variation Predicts Serum Lycopene Concentrations in a Multiethnic Population of Postmenopausal Women
Niha Zubair, Charles Kooperberg, Jingmin Liu, Chongzhi Di, Ulrike Peters, and Marian L Neuhouser 187

**NUTRIENT PHYSIOLOGY, METABOLISM, AND NUTRIENT-NUTRIENT INTERACTIONS**

Dietary Protein Structure Affects Endogenous Ileal Amino Acids But Not True Ileal Amino Acid Digestibility in Growing Male Rats
Shane M Rutherfurd, Jian Cui, Alexander K Goroncy, and Paul J Moughan 193

Wheat Alkylresorcinols Suppress High-Fat, High-Sucrose Diet-Induced Obesity and Glucose Intolerance by Increasing Insulin Sensitivity and Cholesterol Excretion in Male Mice
Katsutaka Oishi, Saori Yamamoto, Nanako Itoh, Reiko Nakao, Yuki Yasumoto, Keiko Tanaka, Yosuke Kikuchi, Shin-ichi Fukudome, Kimiko Okita, and Yuko Takano-Ishikawa 199

A Dose- rather than Delivery Profile–Dependent Mechanism Regulates the "Muscle-Full" Effect in Response to Oral Essential Amino Acid Intake in Young Men

Increased Whole Grain Consumption Does Not Affect Blood Biochemistry, Body Composition, or Gut Microbiome in Healthy, Low-Habitual Whole Grain Consumers
Antonios Ampatzoglou, Kiranjit K Atwal, Catherine M Maidens, Charlotte L Williams, Alastair B Ross, Frank Thielecke, Satya S Jonnalagadda, Orla B Kennedy, and Parveen Yaqoob 215

Whole Grain Oats Improve Insulin Sensitivity and Plasma Cholesterol Profile and Modify Gut Microbiota Composition in C57BL/6J Mice
Albert Lihong Zhou, Nancie Hergert, Giovanni Rompato, and Michael Lefevre 222

An Enriched, Cereal-Based Bread Affects Appetite Ratings and Glycemic, Insulinemic, and Gastrointestinal Hormone Responses in Healthy Adults in a Randomized, Controlled Trial
Carolina Gonzalez-Anton, Belen Lopez-Millan, Maria C Rico, Estefania Sanchez-Rodriguez, Maria D Ruiz-Lopez, Angel Gil, and Maria D Mesa 231

Oat Avenanthramide-C (2c) Is Biotransformed by Mice and the Human Microbiota into Bioactive Metabolites
Pei Wang, Huadong Chen, Yingdong Zhu, Jennifer McBride, Junsheng Fu, and Shengmin Sang 239

Whey Protein Supplementation Preserves Postprandial Myofibrillar Protein Synthesis during Short-Term Energy Restriction in Overweight and Obese Adults
Amy J Hector, George R Marcotte, Tyler A Churchward-Venne, Caioleann H Murphy, Leigh Breen, Mark von Allmen, Steven K Baker, and Stuart M Phillips 246
A Grape-Enriched Diet Increases Bone Calcium Retention and Cortical Bone Properties in Ovariectomized Rats
Emily E Hohman and Connie M Weaver 253

L-Serine Supplementation Attenuates Alcoholic Fatty Liver by Enhancing Homocysteine Metabolism in Mice and Rats
Woo-Cheol Sim, Hu-Quan Yin, Ho-Sung Choi, You-Jin Choi, Hui Chan Kwak, Sang-Kyum Kim, and Byung-Hoon Lee 260

Lycopene and Apo-10'-lycopenoic Acid Have Differential Mechanisms of Protection against Hepatic Steatosis in β-Carotene-9',10'-oxygenase Knockout Male Mice
Blanche C Ip, Chun Liu, Alice H Lichtenstein, Johannes von Lintig, and Xiang-Dong Wang 268

Parenteral Fish Oil–Containing Lipid Emulsions May Reverse Parenteral Nutrition–Associated Cholestasis in Neonates: A Systematic Review and Meta-Analysis
Hye Won Park, Na Mi Lee, Ji Hee Kim, Kyo Sun Kim, and Soo-Nyung Kim 277

Cholecalciferol Supplementation Does Not Influence β-Cell Function and Insulin Action in Obese Adolescents: A Prospective Double-Blind Randomized Trial
Asma Javed, Adrian Vella, P Babu Balagopal, Philip R Fischer, Amy L Weaver, Francesca Piccinini, Chiara Dallia Man, Claudio Cobelli, Paula D Giesler, Jeanette M Laugen, and Seema Kumar 284

Cholecalciferol or 25-Hydroxycholecalciferol Neither Prevents Nor Treats Adenomas in a Rat Model of Familial Colon Cancer

Dietary Intake of Saturated Fat Is Not Associated with Risk of Coronary Events or Mortality in Patients with Established Coronary Artery Disease

The Development of a Diet Quality Score for Preschool Children and Its Validation and Determinants in the Generation R Study

Estimated Dietary Acid Load Is Not Associated with Blood Pressure or Hypertension Incidence in Men Who Are Approximately 70 Years Old
Desiree Luis, Xiaoyan Huang, Ulf Riserus, Per Sjögren, Bengt Lindholm, Johan Arnlöv, Tommy Cederholm, and Juan Jesús Carrero 315

More Than Half of US Youth Consume Seafood and Most Have Blood Mercury Concentrations below the EPA Reference Level, 2009–2012
Samara Joy Nielsen, Yutaka Aoki, Brian K Kit, and Cynthia L Ogden 322

Soft Drink Consumption Is Positively Associated with Increased Waist Circumference and 10-Year Incidence of Abdominal Obesity in Spanish Adults
Anna N Funtikova, Isaac Subirana, Santiago F Gomez, Montserrat Fito, Roberto Ellosua, Alejandra A Benítez-Arciniega, and Helmut Schröder 328

An Integrated Microcredit, Entrepreneurial Training, and Nutrition Education Intervention Is Associated with Better Growth Among Preschool-Aged Children in Rural Ghana
Grace S Marquis, Esi K Colecraft, Owuraku Sakyi-Dawson, Anna Laracey, Ben K Ahunu, Katherine A Birks, Lorna M Butler, Manju B Reddy, Helen H Jensen, and Elizabeth Huff-Lonergan 335

Supplemental Nutrition Assistance Program Participation Is Associated with an Increase in Household Food Security in a National Evaluation
James Mabli and Jim Ohls 344
Recent Underweight and Overweight Trends by Rural–Urban Residence among Women in Low- and Middle-Income Countries
Lindsay M Jaacks, Meghan M Slining, and Barry M Popkin 352

INGESTIVE BEHAVIOR AND NEUROSCIENCES
Dietary Linoleic and \( \alpha \)-Linolenic Acids Affect Anxiety-Related Responses and Exploratory Activity in Growing Pigs
Caroline Clouard, Walter JJ Gerrits, Ilse van Kerkhof, Willem Smink, and J Elizabeth Bolhuis 358

Longer Oral Exposure with Modified Sham Feeding Does Not Slow Down Gastric Emptying of Low- and High-Energy-Dense Gastric Loads in Healthy Young Men
Anne GM Wijlens, Alfrun Erkner, Monica Mars, and Cees de Graaf 365

METHODOLOGY AND MATHEMATICAL MODELING
Protein Digestibility-Corrected Amino Acid Scores and Digestible Indispensable Amino Acid Scores Differentially Describe Protein Quality in Growing Male Rats
Shane M Rutherfurd, Aaron C Fanning, Bruce J Miller, and Paul J Moughan 372

From the American Society for Nutrition

Calendar of Events 380

Cover image: The impact of a grape-enriched diet on bone health and calcium metabolism in ovariectomized rats, a model of postmenopausal women, is the subject of a current article by Hohman and Weaver, pages 253–259 in this issue. Photo credit, USDA, photo by Scott Bauer.