## Contents

### Articles

<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
<th>Authors</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COMMENTARY</strong></td>
<td><strong>100 Years of Vitamins: Adequate Intake in the Elderly Is Still a Matter of Concern</strong></td>
<td>Barbara Troesch, Manfred Eggersdorfer, and Peter Weber</td>
<td>979</td>
</tr>
<tr>
<td><strong>GENOMICS, PROTEOMICS, AND METABOLICS</strong></td>
<td><strong>Metabolomic Analysis Reveals Differences in Umbilical Vein Plasma Metabolites between Normal and Growth-Restricted Fetal Pigs during Late Gestation</strong></td>
<td>Gang Lin, Chuang Liu, Cuiping Feng, Zhiyong Fan, Zhaolai Dai, Changhua Lai, Zhen Li, Guoyao Wu, and Junjun Wang</td>
<td>990</td>
</tr>
<tr>
<td><strong>NUTRIENT PHYSIOLOGY, METABOLISM, AND NUTRIENT-NUTRIENT INTERACTIONS</strong></td>
<td><strong>Octanoate and Nonanoate Oxidation Increases 50-80% Over the First Two Days of Life in Piglet Triceps Brachii and Gracilis Muscle Strips</strong></td>
<td>Mark A. Tetrick, Thomas D. Crenshaw, and Norlin J. Benevenga</td>
<td>999</td>
</tr>
<tr>
<td></td>
<td><strong>Proline Supplementation to Parenteral Nutrition Results in Greater Rates of Protein Synthesis in the Muscle, Skin, and Small Intestine in Neonatal Yucatan Miniature Piglets</strong></td>
<td>Janet A. Brunton, Mark P. Baldwin, Rodney A. Hanna, and Robert F. Bertolo</td>
<td>1004</td>
</tr>
<tr>
<td><strong>NUTRITION AND DISEASE</strong></td>
<td><strong>Alternative Dietary Indices Both Strongly Predict Risk of Chronic Disease</strong></td>
<td>Stephanie E. Chiuve, Teresa T. Fung, Eric B. Rimm, Frank B. Hu, Marjorie L. McCullough, Molin Wang, Meir J. Stampfer, and Walter C. Willett</td>
<td>1009</td>
</tr>
<tr>
<td></td>
<td><strong>The Mediterranean Diet Pattern and Its Main Components Are Associated with Lower Plasma Concentrations of Tumor Necrosis Factor Receptor 60 in Patients at High Risk for Cardiovascular Disease</strong></td>
<td>Mireia Urpi-Sarda, Rosa Casas, Gemma Chiva-Blanch, Edwin Saúl Romero-Mamani, Palmira Valderas-Martínez, Jordi Salas-Salvadó, Maria Isabel Covas, Estefania Toledo, Cristina Andres-Lacueva, Rafael Llorach, Ana García-Arellano, Monica Bulló, Valentina Ruiz-Gutierrez, Rosa M. Lamuela-Raventos, and Ramon Estruch</td>
<td>1019</td>
</tr>
</tbody>
</table>
Quercetin Ameliorates Cardiovascular, Hepatic, and Metabolic Changes in Diet-Induced Metabolic Syndrome in Rats
Sunil K. Panchal, Hemant Poudyal, and Lindsay Brown 1026

Supplementation with Cyanidin-3-O-β-Glucoside Protects against Hypercholesterolemia-Mediated Endothelial Dysfunction and Attenuates Atherosclerosis in Apolipoprotein E-Deficient Mice
Yun Wang, Yuhua Zhang, Xiaoming Wang, Yan Liu, and Min Xia 1033

NUTRIENT REQUIREMENTS AND OPTIMAL NUTRITION

Restriction of Dietary Energy Intake Has a Greater Impact on Bone Integrity Than Does Restriction of Calcium in Exercising Female Rats
Sibyl N. Swift, Kyunghwa Baek, Joshua M. Swift, and Susan A. Bloomfield 1038

NUTRITIONAL EPIDEMIOLOGY

Plasma Vitamin E and Coenzyme Q10 Are Not Associated with a Lower Risk of Acute Myocardial Infarction in Singapore Chinese Adults
Nasheen Naidoo, Rob M. van Dam, Woon-Puy Koh, Cynthia Chen, Yian-Ping Lee, Jian-Min Yuan, and Choon-Nam Ong 1046

Magnesium Intake Is Not Related to Depression Risk in Spanish University Graduates
Marie-Laure Derom, Miguel Á. Martínez-González, María del Carmen Sayón-Orea, Maira Bes-Rastrollo, Juan J. Beunza, and Almudena Sánchez-Villegas 1053

Circulating Phylloquinone Concentrations of Adults in the United States Differ According to Race and Ethnicity
M. Kyla Shea, Sarah L. Booth, Jennifer A. Nettleton, Gregory L. Burke, Haiying Chen, and Stephen B. Kritchevsky 1060

Fish or Long-Chain (n-3) PUFA Intake Is Not Associated with Pancreatic Cancer Risk in a Meta-Analysis and Systematic Review
Bo Qin, Pengcheng Xun, and Ka He 1067

Meat Intake Is Not Associated with Risk of Non-Hodgkin Lymphoma in a Large Prospective Cohort of U.S. Men and Women
Carrie R. Daniel, Rashmi Sinha, Yikyung Park, Barry I. Graubard, Albert R. Hollenbeck, Lindsay M. Morton, and Amanda J. Cross 1074

Substituting Homemade Fruit Juice for Sugar-Sweetened Beverages Is Associated with Lower Odds of Metabolic Syndrome among Hispanic Adults
Josiemer Mattei, Vasanti Malik, Frank B. Hu, Hannia Campos 1081

COMMUNITY AND INTERNATIONAL NUTRITION

Pneumococcal Carriage at Age 2 Months Is Associated with Growth Deficits at Age 6 Months among Infants in South India

Early Participation in a Prenatal Food Supplementation Program Ameliorates the Negative Association of Food Insecurity with Quality of Maternal-Infant Interaction
Amy L. Frith, Ruchira T. Naved, Lars Ake Persson, Kathleen M. Rasmussen, and Edward A. Frongillo 1095

An Updated Systematic Review and Meta-Analysis of the Efficacy of Vitamin D Food Fortification
Lucinda J. Black, Kelly M. Seamans, Kevin D. Cashman, and Mairead Kiely 1102

Maternal Nutritional Status in Early Pregnancy Is Associated with Body Water and Plasma Volume Changes in a Pregnancy Cohort in Rural Bangladesh
Alison D. Gernand, Parul Christian, Kerry J. Schulze, Saijuddin Shaikh, Alain B. Labrique, Abu Ahmed Shamim, and Keith P. West Jr 1109
A Summary Index of Feeding Practices Is Positively Associated with Height-for-Age, but Only Marginally with Linear Growth, in Rural Senegalese Infants and Toddlers
Kirsten Bork, Cécile Carnes, Sabah Barigou, Amandine Cournil, and Aldiouma Diallo 1116

METHODOLOGY AND MATHEMATICAL MODELING
Sample Size and Repeated Measures Required in Studies of Foods in the Homes of African-American Families
June Stevens, Maria Bryant, Chin-Hua Wang, Jianwen Cai, and Margaret E. Bentley 1123

ERRATUM
1128

From the American Society for Nutrition 1129

Supplement: Low-Calorie Sweeteners and Weight Control—What the Science Tells Us 1130S

Supplement: Shaping the Development of an Iodine Research Initiative for the US 1173S

Cover image: Thiamin crystal. Thiamine was one of the first of the vitamins to be characterized biochemically and crystallized in pure form. See Commentary by Troesch et al. on pages 979-980 of this issue. Photo courtesy of Peter Weber. Copyright © 2012 American Society for Nutrition.