## Cereal Based Diets | Purified Diets

<table>
<thead>
<tr>
<th></th>
<th>Cereal Based Diets</th>
<th>Purified Diets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Free of Isoflavones and</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Luminescent Components</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Precise Nutrient Delivery</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Unsurpassed Reproducibility</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Nutritionally Adjustable</td>
<td>No</td>
<td>Yes</td>
</tr>
</tbody>
</table>
Founded in 1928, the American Society for Nutrition (ASN) is the preeminent professional organization of nutrition research scientists throughout the world. ASN members are active researchers and key policy makers from major academic, government and corporate settings. ASN, a constituent society of the Federation of American Societies for Experimental Biology (FASEB) and a sponsor of Experimental Biology, is the authoritative voice on nutrition.

Meetings

• ASN holds its yearly Scientific Sessions and Annual Meeting in conjunction with Experimental Biology, a multi-society, interdisciplinary meeting featuring plenary and award lectures, symposia, oral and poster sessions, career services, and exhibits of scientific equipment, supplies and publications.
• Specialized ASN conferences are held throughout the year that focus on designated areas of nutrition research and practice.
• In addition to the Scientific Sessions and Annual Meeting and other ASN conferences, ASN joins with other societies to co-sponsor scientific programming on various topical issues.
• Members receive DISCOUNTED registration rates to all ASN meetings!

Education and Professional Development

• ASN is continuously enhancing its professional development programs for nutrition professionals who are members or associate members of ASN.
• Members ALWAYS receive discounted rates on conferences, meetings, resources and other materials that are delivered in person or online!
• ASN offers many opportunities for networking, including three Councils: International Nutrition, Medical Nutrition, and Nutritional Sciences.
• Members are also eligible to join one of the 15+ Research Interest Sections (RIS). The RIS are communities designed to provide a mechanism for topic-specific discussion regarding nutrition research and practice.
• ASN members can also earn Continuing Medical Education (CME) credits, and benefit from numerous inter-industry partnerships.
• ASN annually administers over twenty AWARDS, and frequently administers travel GRANTS to assist members in attending select meetings.

Publications

• ASN publishes two journals, The American Journal of Clinical Nutrition (AJCN) and The Journal of Nutrition (JN).
• AJCN is the highest ranked peer-reviewed journal in nutrition and dietetics. In publication since 1952, AJCN publishes the latest findings in basic and clinical studies relevant to human nutrition.
• JN, published since 1928, was the first journal dedicated to publishing original, peer-reviewed research in all areas of nutrition. The journal provides the latest research on the broad spectrum of topics of vital interest to all in the nutrition sector.
• Members receive FREE online access to BOTH journals, and discounted print subscription rates! ASN members also benefit from waived submission fees for AJCN and JN.
• Members receive the quarterly newsletter Nutrition Notes and a monthly electronic newsletter.
• ASN members are eligible for discounted subscriptions for the FASEB Journal.

Public Affairs

• ASN serves as the voice for continued support and application of basic and clinical nutrition research through federal government advocacy and education.
• ASN’s public policy and public information efforts are supported by a cadre of expert spokespeople who communicate with the media on issues related to nutrition science.
• Members receive a FREE twice-monthly public policy e-newsletter, with timely updates on relevant congressional and regulatory activities, grant opportunities, and information regarding government boards and advisory committees nominations.

Advancing Nutrition Research and Practice Through...

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